



Reflection House Board of Directors Application Form

Thank you for your interest in serving as a member of the Board of Directors of the Reflection House. Serving on the board is a rewarding experience and an opportunity for personal and professional growth. Completing this form will help you understand the skills and time/resource commitments of this leadership position, as well as provide information for the Board of Directors on ensuring the best match between you and the Board. You may find it helpful to read through the entire application and Board Member Responsibilities and Information before you begin filling it out.

This application will be kept confidential and on file. Applications are used by the Board's Nominating Committee to identify and evaluate potential board candidates. All new directors are elected by a majority vote of current board members.

Please return the completed application to hello@reflectionhousegc.org. Once a determination has been made an email will be sent to you with further information.

Board Member Responsibilities

1. Serves a minimum of one (1) three-year term on the Board. Eligible to serve two (2) three-year terms if re-elected.
2. Can commit to at least 5-10 hours a month in attendance at Board and Committee meetings.
3. Any elected Board Member who is absent from two (2) consecutive regular meetings of the Board during the fiscal year shall be encouraged to reevaluate with the Chair of the Board his/her commitment to the Corporation. The Board may deem a Board member who has missed two (2) consecutive meetings without such a reevaluation with the Chair to have resigned from the Board. The Full Board of Directors meets on the 2nd Thursday of every month from 11:30 a.m. to 1:30 p.m.
4. Makes a serious commitment to participate actively in at least one (1) committee work.
5. Stays informed about committee matters, is prepared for meetings, and reviews and comments on minutes and reports.
6. Builds a collegial working relationship with other committee members that contributes to consensus.
7. Participates in the committee's annual evaluation and planning efforts.
8. Participates in the advancement of the strategic plan of the Reflection House, including fundraising and member recruitment.

Reflection House Mission/Philosophy

Mission – Reflection House aims to provide individual, supportive, and compassionate care to women in recovery from substance use disorders in mountain Maryland, with a focus on those who are moderate to low income. Reflection House is committed to the use of holistic approaches to promote physical, mental, and spiritual healing and shall be operated exclusively to provide a safe, empowering, peer-led, and person-centered environment, supportive of all recovery pathways.

Philosophy - Recovery houses are safe, healthy, family-like substance-free living environments that support individuals in Recovery from substance use disorders/active addiction. Recovery housing benefits individuals in Recovery by creating a safe environment where change can occur, reinforcing a substance-free lifestyle, and directly connecting to other peers in recovery, mutual support groups, and recovery support services.

Guiding Principles:

1. Respect for each person’s dignity and worth.
2. Respect for a person’s gender, racial/ethnic, and cultural diversity.
3. Recovery is personal and therefore person-centered.
4. Recovery is trauma-informed.
5. Recovery incorporates housing, employment, and social connections.

Social Model – Peer Support is integral to recovery from addiction. The social model approach includes using mutual support groups, involving residents in decision-making and house governance, using lived personal recovery experience to help others, and emphasizing Person-Centered Recovery Planning as an interaction between the individual and their environment. The physical environment, house meetings, peer support participation by all house members, and policies are all designed to foster the social model approach to recovery.

Your name: _____

Your Home Phone Number: _____ Cell number: _____

Your address: _____

Your email address (please write it carefully):

Briefly describe why you would like to join our Board of Directors:

Your current organizational affiliations (names of the organization and your role(s) if any:

1. _____
2. _____
3. _____
4. _____

Which of your skills would you like to utilize on the Board? Check those that apply:

- Finance Committee
- Development & Fundraising Committee
- Building & Maintenance Committee
- Licensing & Compliance Committee
- Communications & Public Relations

Other skill(s) of yours that you would like to utilize? _____

What would you like to get for yourself out of your participation on the Board, e.g., what types of experiences, skills to develop, interests to cultivate for you, etc.?

If you join the Board, you agree that you can provide at least 5-10 hours a month in attendance to Board and Committee meetings, as well as to other board activities outside of the meetings, and that you do not have any conflict-of-interest in participating on the Board.

Your signature: _____ Date: _____

If you are not selected as a member of the Board, or if you decide not to join, would you like to be a volunteer to assist our organization in various ways that match your skills and interests?

- Yes No Perhaps